

*" Let the words of my mouth and the meditation of my heart be acceptable in your sight,  
O Lord, my strength and my Redeemer." Psalm 19:14*

I have been reading through the Psalms and this Psalm is quickly becoming one of my favorites.. Every time I look out over this great creation the Lord brings this Psalm to mind. When I was at Rachel's wedding it was just a perfect day down at the beach and I had to pause a moment and just stand in wonder at the glory of God's creation. From the waves breaking on the reef (and the whales jumping in the ocean), to the majesty of the mountains behind us, to the awesomeness of the sun above, all creation was giving glory to the Lord, it was just a beautiful moment for me.

David then gives 7 examples of the commandments of the Lord. That the Law of the Lord is perfect, the testimony of the Lord is sure, the statutes of the Lord are right, the commandment of the Lord is pure, the fear of the Lord is clean, the judgments of the Lord are true, and they are righteous. This is to be our desire that we should follow after these things because they are better than gold and sweeter than honey. They are there as a warning as well as a blessing. For me it is an encouragement to get into the Word to know it better than I know anything else.

Finally David ends with the quote that is right at the top. That what I do should be acceptable to the Lord. The things that come out of my mouth and the things that I think about that only one can see but the Lord, these should be things that are acceptable to Him. He remembers that is is Christ who is his strength and his Redeemer and this is something that we can be reminded of. Sometimes we think that we are doing things by our own strength and here is the reminder that our strength comes from the Lord and it is only through Him that we are able to do anything. As Paul says in Acts 17:28, "For in Him we live and move and have our being." We need to follow the Lord in WORD and in ACTION being completely devoted to HIM! Read Psalm 19 today, meditate on it and ask the Lord to be the strength of your life.

~ Youth Pastor, Eli Storhaug